

Keeping Kids **SAFE** from Household Chemicals



Do you think your home is safe from accidental poisoning? Kids and pets get into everything, so take a good look at what you've got lying around.

- ◆ House paint
- ◆ Batteries
- ◆ Antifreeze and motor oil
- ◆ Household bleach
- ◆ Antibacterial kitchen and bathroom cleaners
- ◆ Laundry and dishwashing detergent
- ◆ Windshield wiper fluid
- ◆ Insecticides and other pesticides
- ◆ Flea and tick control products
- ◆ Glass cleaner
- ◆ Nail polish and remover
- ◆ Insect traps and bombs
- ◆ Perfume, cologne, and hair products
- ◆ Chemicals that kill mildew and mold
- ◆ Drain clearing chemicals
- ◆ Air-freshening sprays and other freshening agents
- ◆ Carpet shampoo
- ◆ Furniture cleaner
- ◆ Mothballs

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Tips To Prevent Accidental Exposure of Household Chemicals

- ♦ Store bleach, kitchen, bathroom, and other household cleaners in a high cabinet or behind a child-safe lock. Put all toxic household chemicals in this cabinet, and keep it locked.
- ♦ Make sure children can't reach items like nail polish and remover, perfume, cologne, and hair products. Even though these are considered health and beauty aids, they are still made with chemicals.
- ♦ Never leave toxic household chemicals unattended when children are around.



Should Exposure of Household Chemicals Occur

- ♦ First, read the label on the product that your child has come into contact with. Follow the instructions on the label.
- ♦ Call the poison control center if the product doesn't offer instructions. **The nationwide number is 800-222-1222.** Post the number somewhere easy to see in a crisis.
- ♦ You can also call 911 in an emergency, do this first if your child is unconscious.
- ♦ If skin or eyes have been splashed with a toxic chemical, rinse with water from the shower or sink for 15 or 20 minutes.
- ♦ If the chemical has been swallowed, call poison control immediately.
- ♦ If toxic fumes were inhaled, immediately take your child outside to breathe fresh air.

Resource: <https://www.everydayhealth.com/healthy-home/toxins-chemicals/tips-for-children.aspx>

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